

# DVMS Student Athlete Packet

What does the DVMS coach need from the student athlete on or before the first practice session?

1. A signed copy of the *SRVUSD Middle School Athletics Policies and Procedures*.
2. A completed and signed copy of the *SRVUSD Student Athlete Health Questionnaire*.
3. A signed copy of the *SRVUSD Student Contract Regarding Extracurricular Activities*
4. A completed copy of the *Transportation Information* form (Cross Country ONLY)
5. Please submit all paperwork directly to the coach on or before the first practice session.
6. Donations can be given directly to the coach OR to the main office. The deadline for donations is 3:30pm Friday following the team informational meeting.

Dear Parents/Guardians,

### **Diablo Vista Intramural Sports Program**

Diablo Vista's intramural after school sports program is open to all DV students. Our sports take place at DV with the exception of Cross Country running where we do travel to Osage Park for two meets.

### **SRVUSD Policies and Procedures**

Please review the Student Athlete Packet. The *SRVUSD Policies and Procedures*, the *SRVUSD Student Contract Regarding Extracurricular Activities* and the *Student Health Questionnaire* forms need to be completed and submitted directly to the COACH at the beginning of the first practice session. **Students will not be eligible to participate until all completed forms are returned to the coach.**

### **After School Sports Donations**

The suggested donation of \$50 can be made via a check and either handed directly to the coach or to the main office on or before the final turn in date. Checks should be made out to DVMS with a note stating which sport your student would like to join.

Please be aware that our after school sports program runs solely on donations. Therefore, if we do not raise enough to cover the cost to run the sport, we unfortunately will have to cancel that sport. If a sport is canceled, donation checks may be picked up in the main office the week immediately following the turn-in deadline.

**The final deadline to make a donation to Cross Country or Mixed Games will be Friday, August 27<sup>th</sup>.**

Thank you for your support!

Sincerely,  
Beth Keyser  
DVMS After School Sports Coordinator

# **SRVUSD Middle School Athletics Policies and Procedures**

## **Philosophy**

The San Ramon Valley Unified School District believes in the ideals of good sportsmanship, ethical behavior, and integrity in the middle school sports programs. The promotion of good citizenship and high behavior standards are expected at all times. This program is a privilege available to middle school students in the San Ramon Valley Unified School District.

Student athletes are expected to be positive role models for their peers and shall exhibit positive behavior at all times both on the field and court and off.

The San Ramon Valley Unified School District Athletic Program is a non-competitive program, which promotes fairness and good sportsmanship. Students shall be encouraged to play sports, regardless of perceived ability level. No student will be cut from an athletic team due to perceived ability level, and every effort will be made to give all students equal playing time.

## **Parent and Coach Responsibilities**

Parents and coaches will strive to make the Middle School Sports Program a positive and uplifting experience for students. Parents and coaches should guide students towards respecting each other, other teams and their coaches. Parents and coaches should also encourage students to keep academics as the students' first priority. Parents and coaches will abide by and enforce all site and district policies wherever applicable.

Any parent or coach who wishes to drive any student other than their own to a game or event must have the enclosed Personal Automobile Use Permission Form completed and on file with their student's home school. No exceptions can be made to this policy.

## **Schedule Information**

The following are schedule guidelines, and are approximate times. Please plan accordingly. Information may be subject to change by the coach, referee, or site administrator.

- Practices generally are held for one hour after school.
- All games begin at 3:15pm
- Games should last approximately one hour.
- If a game is cancelled due to weather or other site considerations, the decision will be made by approximately 11:00am every day.

Parents should arrange to have students picked up from the site hosting the game immediately after the game, or from the students' home school immediately following the teams return. We cannot be responsible for students left without rides to and from games.

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_  
(Please Print)

## Student Expectations

1. Students will respect opponents, fellow students, coaches and spectators.
2. Student will participate in every practice as required by coaches. Exceptions will be made by coaches on a case-by-case basis when academics need to take priority.
3. Students will maintain a 2.0 grade point average. In addition, DVMS requires that students have no more than 1 failing grade.
4. Students will not use illegal drugs, alcohol, tobacco, or any other harmful substance.
5. Students will respect all school and district property.
6. Student will demonstrate good character and sportsmanship.

**Failure to abide by these rules will result in consequences set by school administration. Consequences may include disciplinary action in accordance with California Education Code and may include loss of after school athletic privileges.**

## Policy Acknowledgement

Parents and students should review this packet and sign the form below. This form must be returned to the coach or the appropriate designee before students will be permitted to participate in the sports program. This form needs to be returned for each individual sport a student is participating in.

I have read and agreed with all of the information above. I pledge that I will abide by all of the above information and all District and School Policies while I, or my student, participates in the San Ramon Valley After School Sports Program.

Parent Signature \_\_\_\_\_ Date: \_\_\_\_\_

Student Signature \_\_\_\_\_ Date: \_\_\_\_\_

Sport: \_\_\_\_\_



## Student Contract Regarding Extracurricular/Co-Curricular Activities Conduct

The San Ramon Valley Unified School District (“SRVUSD”) recognizes that extracurricular activities, and co-curricular activities, enrich the educational and social development of students and enhance students’ feelings of connectedness with the school. To the extent that participation in these activities is a privilege, SRVUSD believes that students should maintain the highest behavioral and character expectations at all times.

This Student Extracurricular Activities Conduct Contract (“Contract”) applies to all students who participate in SRVUSD extracurricular activities, and co-curricular activities (collectively “Activities”, or “Activity”). Once signed by the student, and the student’s parent or legal guardian, the Contract shall be valid for all Activities the student participates in while the student is enrolled at SRVUSD. If SRVUSD updates, revises or modifies the Contract while the student is enrolled, the student must sign the revised Contract in order to continue to participate in Activities.

The Contract is administered by Athletic Coaches, Student Activities Coordinators, Club Sponsors (“Activities Leaders”) and/or their designees with the support of staff and administrators at the SRVUSD. All students and parents are expected to read and sign this contract prior to student participation in any Activity. Participation in the Activity constitutes the student’s and parent/guardian’s understanding of, and agreement to abide by the terms of this Contract.

### **PARTICIPATION IN EXTRACURRICULAR/CO-CURRICULAR ACTIVITIES IS A PRIVILEGE**

Participation in Activities is a privilege, not a right, and the SRVUSD may impose both academic and behavioral expectations that exceed those required of students in the classroom setting. Participants are visible leaders and representatives of the SRVUSD both in and out of the classroom and should conduct themselves appropriately at all times. SRVUSD has the authority and reserves the right to restrict or revoke a student’s privilege

to participate in Activities when a student's poor citizenship is serious enough to warrant loss of the privilege.

## ACADEMIC ELIGIBILITY REQUIREMENTS

To be eligible to participate in Activities, students' grades must demonstrate satisfactory educational progress in the previous grading period, including, but not limited to:

1. Maintenance of a minimum of 2.0 grade point average on a 4.0 scale in all enrolled classes; and
2. Maintenance of minimum progress toward meeting high school graduation requirements.

## PARTICIPANT PLEDGE AND PROHIBITED CONDUCT

### PARTICIPATION PLEDGE

Prior to participation in an Activity, students must agree to abide by the following pledge: *Participation in extracurricular activities, and co-curricular activities, is an honor and a privilege. As a representative of the school and community, I have the obligation and responsibility to represent myself, my family, my activity, my school, and my community in an exemplary manner. I understand that if I violate the express or implied terms of this contract, or if I engage in any behavior that negatively affects my activity, fellow students, school, or community, I will be subject to disciplinary measures that may include the immediate revocation of my privilege to participate in the extracurricular activity, or co-curricular activity.*

### PROHIBITED CONDUCT

Students participating in Activities must abide by all SRVUSD policies, regulations and handbooks, regarding student conduct, particularly those rules set forth in the San Ramon Valley Unified School District Code of Student Conduct, the California Education Code, and any other applicable rules, regulations, or statutes that may apply, such as the California Interscholastic Federation (collectively referred to as "Policies"). The Policies are made part of this contract and are hereby incorporated by reference. Consequences arising from violations of this Contract may be given in addition to punishments for violations of the Policies.

### PRIOR APPROVAL OF ACTIVITIES

Activities Leaders and School Administrators may require students to provide projects, plans for activities, statements, announcements, or other works in advance of publishing, or occurrence, for pre-approval. If the proposed works, or activities, are inconsistent with this Contract, or with SRVUSD policies, then school officials may preclude the use of any District resource towards the proposed work, or activity.

## DETERMINATION OF VIOLATIONS

When Contract violations are alleged, the Activities Leader, or any other appropriate District administrator, will gather information regarding the alleged violation. The student then will meet with the Activities Leader to discuss the alleged violation. The Activities Leader will then determine whether a violation of the contract has occurred and determine the appropriate consequence for the violation, up to and including complete revocation of the privilege to participate in the Activity. The Activities Leader will issue a notice of violation to the student, and shall contact the student's parent or guardian to discuss the violation and the related consequences.

## SUSPENSIONS AND EXPULSIONS

In addition to the consequences imposed by Activities Leaders under this Contract, students who are suspended, or expelled, from school shall not be permitted to participate in Activity practices, rehearsals, meetings, contests, or performances on the days that the student is either suspended or expelled. Students may also not participate in an Activity practice, rehearsal, contest, or performance if the participation directly conflicts with any assigned detention, or Saturday school.

## APPEAL PROCESS

### DECISIONS AFFECTING THE PRIOR APPROVAL OF ACTIVITIES

Students wishing to appeal any decision by SRVUSD affecting their work, or participation, in an Activity, must submit a request for an appeal in writing to their principal, or designee, within 14 calendar days of the initial decision. The principal will meet with the student and her/his parent or guardian to discuss the matter. During the appeal process, the principal will consider if the decision was reached in accordance with school rules. After considering the facts, the principal, or designee, shall review the matter and issue a written decision within 45 calendar days.

If the student wishes to appeal the decision by the principal, or designee, the student must submit a request for an appeal in writing to the Superintendent, or designee, within 14 calendar days of the decision. The Superintendent shall review the matter and issue a decision within 45 calendar days. The decision by the Superintendent, or designee, shall be final.

### CODE VIOLATIONS

Students wishing to appeal a Code violation must submit a request for an appeal in writing to their principal, or designee, within 14 calendar days of the initial decision. The principal will meet with the student and her/his parent or guardian to discuss the violation. During the appeal process, the principal will consider if the decision was reached in accordance with school rules. After considering the facts, the principal, or designee, shall review the matter and issue a written decision within 45 calendar days.

If the student wishes to appeal the decision by the principal, or designee, the student must submit a request for an appeal in writing to the Superintendent, or designee, within 14 calendar days. The Superintendent shall review the matter and issue a decision within 45 calendar days. The decision by the Superintendent, or designee, shall be final.

## ACKNOWLEDGEMENT

**I acknowledge that I have read and understand the San Ramon Valley Unified School District's Extracurricular Code of Conduct Contract. I also understand that participation in extracurricular, and co-curricular, activities is a privilege, not a right, and that the SRVUSD may impose requirements and expectations beyond those imposed for regular classroom activities. I agree to abide by all the rules and requirements set forth in this contract, required by school staff, and imposed by other applicable rules, laws, and regulations.**

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### STUDENT SIGNATURE

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Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**I acknowledge that I have reviewed the above contract with my son/daughter and agree to the requirements established for my son/daughter's participation in the San Ramon Valley Unified School District's Extracurricular Activities.**

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### PARENT SIGNATURE

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Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_





**San Ramon Valley Unified School District  
Student Athlete Health Questionnaire  
(To be filled out by Parent/Guardian)**

Student's Name \_\_\_\_\_ Grade \_\_\_\_\_ DOB \_\_\_\_\_  
Mother/Guardian \_\_\_\_\_ Phone \_\_\_\_\_  
Father/Guardian \_\_\_\_\_ Phone \_\_\_\_\_

**PLEASE CHECK ALL THAT APPLY TO YOUR CHILD**

\_\_\_\_\_ Asthma (inhaler required) Yes  No  \_\_\_\_\_ Diabetes (Blood sugar issues)  
\_\_\_\_\_ Seizure Disorder /Epilepsy \_\_\_\_\_ Heart Condition  
\_\_\_\_\_ Other \_\_\_\_\_  
\_\_\_\_\_ Allergies (food, medication, environment, insects)  
Explain \_\_\_\_\_  
Does your child carry an Epi-Pen? Yes  No

**List all medication taken by your child:**

At Home \_\_\_\_\_  
At School \_\_\_\_\_

**Are there any other medical / special conditions or health concerns that the school site or coaches should be aware of?**

\_\_\_\_\_  
\_\_\_\_\_

**PLEASE NOTE: If a medical emergency occurs, 911 will be called to respond.**

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

**\*\*\*TO PARTICIPATE IN AFTER SCHOOL SPORTS, THIS FORM  
MUST BE TURNED IN PRIOR TO THE FIRST DAY OF TEAM  
PRACTICE – NO EXCEPTIONS!**

# Transportation Information

## (Cross Country ONLY)

- My son/daughter** will need to be placed in a carpool, as I will not be able to drive.
- I will** drive my own son/daughter to Osage Park.
- I volunteer to be a carpool driver.** I will pick students up from Diablo Vista and drive them back to Diablo Vista (or home) after the meet ends at approximately 4:15pm. **Please indicate below as to which meet(s) you would be able to drive DV students to.**

**If you do plan on being a volunteer driver, please make sure that you have registered with and been approved to drive through Be A Mentor, Inc.** The link to register can be found on the DVMS Schoolloop homepage under “Athletics.” If you are new to DVMS who is already registered with *Be A Mentor*, you can simply log into your account and add DVMS to your profile.

Game Day	Date	# of passengers that you can take in your car, including your son/daughter	Game Location	Please Print Driver First & Last Name
Tuesday	Sept. 21 <sup>st</sup>		Osage Park	(I agree to drive on this day)
Tuesday	Sept. 28 <sup>th</sup>		Osage Park	(I agree to drive on this day)

**Note:** All carpool drivers and runners will meet at the baseball field backstop, closest to the gym, by 2:50pm. Carpools should be on the road by 2:55pm.

### Contact Information

Your Student’s Name \_\_\_\_\_  
(Please print name)

Parent/Guardian Name \_\_\_\_\_  
(Please print name)

Parent/Guardian Cell Phone # \_\_\_\_\_

Emergency Contact \_\_\_\_\_  
(Please print name)

Emergency Phone # \_\_\_\_\_